

Il Penseroso

[3 couple set, 3/4, a minor]

(Music *Il Penseroso* 2004; Dance 2023)

Video: <https://youtu.be/7nsmq4UvLUA> Music score & recorded music on request.

Animation: <http://www.dancekaleidoscope.au/dance.html> by Keith Wood

+++ Choreography and music by Robert E. Jamison rejamzzz@gmail.com

>> Permission is granted to use this choreography and music for public performance or film provided Robert Jamison is acknowledged as choreographer and composer of the tune.

The orientation for the diagrams has the music (i.e., the band) at the top of the page.

Starting position

<i>M1</i>	<i>W1</i>
<i>M2</i>	<i>W2</i>
<i>M3</i>	<i>W3</i>

Measures (One measure = 3 steps)

A1(1-4) 1s & 2s circle L all the way at the top

<i>M1</i>	<i>W1</i>
<i>M2</i>	<i>W2</i>
<i>M3</i>	<i>W3</i>

A1(5-8) 2s & 3s star L all the way at the bottom

MEANWHILE A1(7-8): 1s turn **cw** 2H halfway at the top

<i>W1</i>	<i>M1</i>
<i>M2</i>	<i>W2</i>
<i>M3</i>	<i>W3</i>

A2(1-4) 1s & 2s star R all the way at the top

MEANWHILE A2(3-4): 3s turn **ccw** 2H halfway at the bottom

<i>W1</i>	<i>M1</i>
<i>M2</i>	<i>W2</i>
<i>W3</i>	<i>M3</i>

A2(5-8) Circle hands 6 to the L halfway

<i>M3</i>	<i>W3</i>
<i>W2</i>	<i>M2</i>
<i>M1</i>	<i>W1</i>

Continued on next page.

II Penseroso

CONTINUED from >

M3 W3
W2 M2
M1 W1

B1(1-4) 2s cross and cast down; 1s lead up
MEANWHILE B1(1-2): 3s cross with the 2s

W3 M3
M1 W1
M2 W2

B1(5-8) 1s continue leading up & cast back to middle place

The Ladder

B2(1-4) W2 and M1 look R and turn by the R; then W2 and M3 turn by the L

W3 W2
M3 W1
M2 M1

B2(5-8) M2 and W1 look L and turn by the L; then M2 and W3 turn by the left R
MEANWHILE B2(7-8): 1s turn 2H halfway

M2 W2
M3 W3
M1 W1

Calling Notes: The MEANWHILE figures are essential. They cannot be omitted. Having the Meanwhile Crosses in the choreography specified as on 7 & 8 allows the caller to call the star and then the change separately as in the video. Again calling the Ladder as one figure allows the caller to call the final cross at the bottom separately instead of requiring the dancers to just remember it.

Il Penseroso

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$\text{♩} = 120$

The musical score is written in treble clef with a 3/4 time signature. It consists of four staves of music. The first staff contains measures 1 through 5, with chords Am, F, G, C, and G. The second staff contains measures 6 through 9, with chords Am, Em, Am, and Am, and includes a first ending (marked '1') and a second ending (marked '2'). The third staff contains measures 10 through 17, with chords C, G, C, F, Dm, E, and Am. The fourth staff contains measures 18 through 25, with chords Dm, Am, Dm, Am, G, Am, G, and Am. The tempo is marked as quarter note = 120.

Am 2 F 3 G 4 C 5 G

6 Am 7 Em 8 Am 9 Am

10 C 11 G 12 C 13 F 14 Dm 15 E 16 Am 17

18 Dm 19 Am 20 Dm 21 Am G 22 Am 23 G 24 Am 25