

Sunday at Morningside [LW, dm, proper, 3/4, e minor]

(Music 2008; Dance 2008)

Video: <https://youtu.be/FxYZnXZKFw4>

+++ Choreography and music by Robert E. Jamison, rejamzzz@gmail.com

>> Permission is granted to use this choreography and music for public performance or film provided Robert Jamison is acknowledged as choreographer and composer of the tune.

Instructions, sheet music, and recorded music available from rejamzzz@gmail.com

Start	M1	W1
	M2	W2

PROPER

Measures (One measure = 3 steps)

A1(1-4) 1s cross, go below, and get in a line of 4 facing up btwn the 2s:
M2--W1--M1--W2

A1(5-8) Lead up 6 steps and fall back 6 steps,
bending the line (1s below, 2s above) to form a circle

A2(1-4) Circle L all the way

A2(5-8) 2s 1/2 Fig 8 around 1s

(Now progressed but all are improper)

B1(1-4) 1s cross, go above, and get in a line
of 4 facing down btwn the 2s: W2--M1--W1--M2

B1(5-8) Lead down 6 steps and fall back 6 steps,
bending the line (1s above, 2s below) to form a circle.

B2(1-2) Balance in and out in a circle

B2(3-4) Circle L halfway

B2(5-8) 1s half Fig 8 around 2s

Notes: On both forward-and-back figures, the 1s are in the middle. When falling back, the 1s keep moving in the line's direction; the 2s curl in to form the circle.

In the down-a-double B1(5-8), the order (as seen from the band) is reversed from A1(5-8), but from the dancers' perspective the order is the same since they are moving in the opposite direction.

The 2s half fig 8 first, earlier than the 1s. The 2s half figure 8 at the end of the A section. The 1s half fig 8 at the end of the B section.

The 1's half figure 8, at the end of a turn, flows into the cross that opens the new turn.

The 1s should make this one continuous motion w/o stopping.

ECD - longways set duple minor
Sunday at Morningside
composed 15. September, 2008

Robert E. Jamison

Em Bm Am G D Em D B

9 Em Bm C G Am Em D

16 Em C D G/D Em Am B Em B

Em C D G Am E/G B Em